## Physical Education--Health

Program Coordinator: Elizabeth Wuorinen
Associate Professor Elizabeth Wuorinen, Assistant Professor Thomas Roberge, Instructor Tanjian Liang

## Minor in Physical Education: Health

Physical Education majors can declare a Concentration in Health.
This concentration or minor is designed to add depth and breadth to a student's education in health and wellness, develop healthy lifelong patterns, and increase the marketability of graduates. Students must complete:

All courses must be passed with a grade of $C$ or higher.

## Licensure in Health Education

Physical Education majors seeking Licensure in Health Education must take:

## Health Minor

| PE 161 | Physical Fitness \& Wellness Assessment | 3 |
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| PE 260 | Personal and Community Health | 3 |
| BI 253 | Foods and Nutrition | 4 |
| Select three of the following: | $9-12$ |  |
| BI 220 | Introductory Microbiology | 4 |
| BI 240 | Environmental and Food Microbiology | 4 |
| BI 330 | Immunology | 4 |
| BI 364 | Pathophysiology in Sports Medicine | 4 |
| PE 261 | Foundations in Health Education | 4 |
| PE 365 | Kinesiology | 4 |
| PE 371 | Physiology of Exercise | 4 |
| SM 220 | Care and Prevention of Athletic Injuries | 4 |
| SO 320 | Drugs and Society | 3 |
| PY 211 | Introduction to Psychology | 3 |
| PY 220 | Developmental Psychology | 3 |
| PY 324 | Adolescent Psychology | $3-4$ |
| Total Credits |  | $19-22$ |

