

Athletic Training (ST)

Courses

ST 310 Upper Extremity Injuries 3 Credits

Advanced athletic training course that incorporates areas of assessment/diagnosis, clinical anatomy and biomechanics utilizing evidence-based medicine to provide a comprehensive approach to caring for upper extremity and cervical/thoracic spine injuries. Classroom 3 hours.
Prerequisite: SM 220.

ST 311 Clinical Education in Athletic Training I 2 Credits

Emphasis will be placed on the application of knowledge and skills introduced in BI 216 (Human Anatomy and Physiology), PE 260 (Personal and Community Health), and SM 220 (Care and Prevention of Athletic Injuries). This course will also provide the opportunity for students to further develop clinical proficiencies introduced in preceding courses. Supervised practicum in an athletic training setting. Class meets for 2 hours/week utilizing lecture, demonstrations and hand-on instructional techniques plus Clinical Rotation (average 4 hours/week). Prerequisites: SM 226 and SM 220, PE 260 and BI 216. Open only to declared Sports Medicine-Athletic Training Concentration students.

ST 320 Lower Extremity Injuries 3 Credits

Advanced athletic training course that incorporates areas of assessment/diagnosis, clinical anatomy and biomechanics utilizing evidence-based medicine to provide a comprehensive approach to caring for lower extremity, pelvis and lumbar spine injuries. Classroom 3 hours.
Prerequisite: SM 220.

ST 321 Clinical Education in Athletic Training II 2 Credits

Emphasis will be placed on the application of knowledge and skills introduced in PE 365 (Kinesiology) and ST 310 (Upper Extremity Injuries). This course will also provide the opportunity for students to further develop clinical proficiencies introduced in preceding courses. Supervised practicum in an athletic training setting. Class meets for 2 hours/week utilizing lecture, demonstrations and hands-on instructional techniques plus Clinical Rotation (average 4 hours/week). Prerequisites: ST 310.

ST 410 Clinical Education in Athletic Training III 3 Credits

Emphasis will be placed on the application of knowledge and skills introduced in PE 371 (Physiology of Exercise), SM 420 (Therapeutic Modalities) and ST 320 (Lower Extremity Injuries). This course will also provide the opportunity for students to further develop clinical proficiencies introduced in preceding courses. Supervised practicum in an athletic training session. Class meets 2 hours/week utilizing lecture, demonstrations and hands-on instructional techniques plus Clinical Rotation (average 7 hours/week). Prerequisites: ST 321 and ST 320, SM 420 and PE 371.

ST 421 Clinical Education in Athletic Training IV 3 Credits

Emphasis will be placed on the application of knowledge and skills introduced in SM 422 (Therapeutic Exercise) and SM 437 (Senior Seminar I). This course will also provide the opportunity for students to further develop clinical proficiencies introduced in preceding courses. Supervised practicum in an athletic training setting. Class meets for 2 hours/week utilizing lecture demonstrations and hands-on instructional techniques plus Clinical Rotation (average 8 hours/week). Prerequisites: ST 410, SM 422, PE 371 and SM 437.