

Health Minor

Health Minor

Physical Education majors can declare a Concentration in Health.

This concentration or minor is designed to add depth and breadth to a student's education in health and wellness, develop healthy lifelong patterns, and increase the marketability of graduates. Students must complete:

All courses must be passed with a grade of C or higher.

PE 161	Physical Fitness & Wellness Assessment	3
PE 224	Motor Skills Development II	3
PE 355	Coaching:Leadership in Sports	3
PE 432	Organization and Administration in Physical Education	3
Two courses from the following list:		7-8
PE 223	Motor Skills Development I	3
PE 341	Instructional Strategies for Physical Education in Elementary School	4
PE 342	Instructional Strategies for Physical Education in Middle-Secondary School	4
PE 371	Physiology of Exercise	4
SM 220	Care and Prevention of Athletic Injuries	4
PY 324	Adolescent Psychology	3-4
Total Credits		41-43