## **Exercise Science Major**

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## B.S. in Exercise Science Curriculum Map 2018-2019 Catalog

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Course	Cr.Con	np. Course	Cr.Comp.
	FRE	SHMAN	
Fall		Spring	
BI 101 Principles of Biology I (General Education Lab Science)	4	CH 101 Introduction to General Chemistry (General Education Lab Science)	4
EN 101 Composition and Literature I	3	EN 102 Composition and Literature II	3
General Education History (http://catalog.norwich.edu/residentialprogramscatalog/generaleducationgoals)	3	MA 232 Elementary Statistics (General Education Math)	3
MA 107 Precalculus Mathematics (General Education Math)	4	PE 107 Foundations of Physical Education <sup>c</sup>	3
PE 163 Scientific Foundations of Health and Wellness	3	PE 265 Lifelong Motor Development <sup>c</sup>	3
Fall Semester Total Cr.:	17	Spring Semester Total Cr.:	16
		HOMORE	1
Fall		Spring	
BI 215 Human Anatomy & Physiology I	4	BI 216 Human Anatomy & Physiology II	4
CH 102 Introduction to Organic and Biochemistry	4	BI 253 Foods and Nutrition	4
PE 261 Foundations in Health Education <sup>c</sup>	4	General Education Literature (http://catalog.norwich.edu/ residentialprogramscatalog/ generaleducationgoals)	3
PE 271 Outdoor Physical Education I	3	PE 272 Outdoor Physical Education II	3
		PY 211 Introduction to Psychology (General Education Social Science)	3
Fall Semester Total Cr.:	15	Spring Semester Total Cr.:	17
	J	UNIOR	
Fall	4.0	Spring	
General Education Leadership (http://catalog.norwich.edu/residentialprogramscatalog/generaleducationgoals)	1-3	BI 364 Pathophysiology in Sports Medicine <sup>c</sup>	4
PE 355 Coaching:Leadership in Sports	3	General Education Arts & Humanities	3
(General Education Ethics) <sup>c</sup>		(http://catalog.norwich.edu/ residentialprogramscatalog/ generaleducationgoals)	
PE 365 Kinesiology <sup>c</sup>	4	PE 371 Physiology of Exercise <sup>c</sup>	4
PE 333 Management Sports Facilities <sup>c</sup>	3	PE 432 Organization and Administration in Physical Education <sup>c</sup>	3
PS 201 General Physics I	4	Free Elective	3
1 0 201 Ocherari Hysics i	1	1 TOC Elective	
Fall Semester Total Cr.:	15-17	Spring Semester Total Cr.:	17
Tall Comester Total Or		ENIOR	17
Fall		Spring	
BI 401 Senior Seminar (Capstone) C	3	PE 426 Internship (OR Free Elective)	12
BI 440 Reading and Research (OR Free Elective)	3-4		
PE 441 Advanced Exercise Physiology and	4		
Prescription C			
PE 450 Exercise Testing and	4		
Electrocardiography <sup>C</sup>			

Fall Semester Total Cr.:	14-15	Spring Semester Total Cr.:	12	
TOTAL CREDITS FOR THIS MAJOR: 123-126			,	

- Grade of C or higher required.
- All sciences must be taken as lab sciences (4 credit courses)
  Certification in First Aid & CPR is also required for graduation