

# Coaching

## Coaching Minor 2020-2021 Catalog

Physical Education majors can declare a Concentration in Coaching.

The concentration or minor is designed to meet proposed national standards preparation in coaching for elementary through high school level. The primary goals are to teach coaching fundamentals, injury prevention, health awareness, motor skill development, adolescent behavior, and youth leadership skills. The following courses are required:

All courses must be passed with a grade of C or higher.

PE 163	Scientific Foundations of Health and Wellness	3
PE 224	Motor Skills Development II	3
PE 355	Coaching:Leadership in Sports	3
PE 432	Organization and Administration in Physical Education	3
<b>Two courses from the following list:</b>		<b>7-8</b>
PE 223	Motor Skills Development I	3
PE 341	Instructional Strategies for Physical Education in Elementary School	4
PE 342	Instructional Strategies for Physical Education in Middle-Secondary School	4
PE 371	Physiology of Exercise	4
PY 324	Adolescent Psychology	3
Total Cr.		19-20