

Health

Health Minor 2020-2021 Catalog

Physical Education majors can declare a Concentration in Health.

This concentration or minor is designed to add depth and breadth to a student's education in health and wellness, develop healthy lifelong patterns, and increase the marketability of graduates. Students must complete:

All courses must be passed with a grade of C or higher.

PE 163	Scientific Foundations of Health and Wellness	3
HE 200	Foods and Nutrition	4
Four additional courses from the following list:		7-8
BI 220	Introductory Microbiology	4
BI 330	Immunology	4
HE 310	Pathophysiology in Sports Medicine	4
PE 261	Foundations in Health Education	4
PE 365	Kinesiology	4
PE 371	Physiology of Exercise	4
PY 211	Introduction to Psychology	3
PY 220	Developmental Psychology	3
PY 324	Adolescent Psychology	3
SO 320	Drugs and Society	3
Total Cr.		19-20