

Health

Health Minor 2021-2022 Catalog

The Health minor is designed to add depth and breadth to a student's education in health and wellness, develop healthy lifelong patterns, and increase the marketability of graduates. The following courses are required and must be a grade of C or better.

HHPR 101	Scientific Foundations of Health and Wellness	3
HHPR 200	Foods and Nutrition	4
Four additional courses from the following list:		
BI 220	Introductory Microbiology	4
BI 330	Immunology	4
HHPR 261	Foundations in Health Education	4
HHPR 365	Kinesiology	4
HHPR 301	Physiology of Exercise	4
PY 211	Introduction to Psychology	3
PY 220	Developmental Psychology	3
PY 324	Adolescent Psychology	3
SO 320	Drugs and Society	3
Total Cr.		19