

Physical Education Curriculum Overview

A major in Physical Education emphasizes principles, problems and procedures for the improvement of individual and community health. The program provides an introduction to the Physical Education profession, and includes historical and philosophical implications and modern trends in program design with an emphasis on the study of the human body. Professional ethics, client privacy and liability issues are stressed throughout the program. Students have access to the facilities and equipment of the Department of Health and Human Performance. There are various courses designed to develop the students' interest in both pedagogy and the fitness related field.

Goals:

- Prepare students for teaching Physical Education in both elementary and secondary schools
- Show commitment to a standards-based approach in the development of beginning educators
- Recognize and incorporate safe programs and facilities, such as risk management and liability considerations within school-based programs
- Develop and implement assessment plans consistent with national and/or state standards
- Be knowledgeable in the area of accommodations for physical education programs to meet the needs of all individuals

Outcomes:

- Each student choosing to become a teacher is responsible for developing a portfolio for licensure. The portfolio is constructed throughout the tenure of the undergraduate experience thus demonstrating individual learning and growth to become proficient Vermont State regulations and standards for teacher preparation.

Careers for this Program:

- Elementary/Secondary Physical Education Teachers (Physical Education Major – Teacher Education Concentration)
- Parks and Recreation program instructor/manager (Physical Education Major – Recreation Management Concentration)
- After-school activities program instructor/manager (Physical Education Major – Recreation Management Concentration)

Physical Education Major Teacher Education Conc.

Physical Education-Teacher Education (B.S.) – Curriculum Map 2021-2022 Catalog

Course	Cr. Comp.	Course	Cr. Comp.
FRESHMAN			
Fall		Spring	
BI 101 Principles of Biology I (General Education Lab Science)	4	EN 111 Writing and Inquiry in Academic Contexts	3
ED 104 Foundations of Education ^c	3	HHPR 265 Lifelong Motor Development ^c	3
EN 110 Writing and Inquiry in Public Contexts	3	MA 232 Elementary Statistics (General Education Math)	3
HHPR 101 Scientific Foundations of Health and Wellness ^c	3	PY 211 Introduction to Psychology (General Education Social Science)	3
General Education Mathematics (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3	General Education History (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3
Fall Semester Total Cr.:	16	Spring Semester Total Cr.:	15
SOPHOMORE			
Fall		Spring	
BI 215 Human Anatomy & Physiology I	4	BI 216 Human Anatomy & Physiology II	4
HHPR 223 Motor Skills Development ^c	3	HHPR 200 Foods and Nutrition	4
HHPR 261 Foundations in Health Education ^c	4	HHPR 224 Motor Skills Development II ^c	3
HHPR 271 Outdoor Physical Education I	3	HHPR 245 Assessment in PE and Sports	3
General Education Literature (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3	HHPR 272 Outdoor Physical Education II	3
Fall Semester Total Cr.:	17	Spring Semester Total Cr.:	17
JUNIOR			
Fall		Spring	
HHPR 341 Instructional Strategies for Physical Education in Elementary School ^c	4	HHPR 301 Physiology of Exercise ^c	4
HHPR 355 Coaching Leadership in Sports ^c	3	HHPR 342 Instructional Strategies for Physical Education in Middle-Secondary School ^c	4
HHPR 365 Kinesiology ^c	4	HHPR 375 Adapted Physical Activity	3

General Education Leadership (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	1-3		HHPR 432 Organization and Administration in Physical Education	3
General Education Arts & Humanities (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3			
Fall Semester Total Cr.:		15-17	Spring Semester Total Cr.:	
SENIOR				
Fall			Spring	
ED 432 Curriculum and Methods of Instruction	4		ED 425 Student Teaching ¹ or HHPR 426 Internship	12
HHPR 406 Readings in Physical Education ^c	3			
SO 214 Racial and Cultural Minorities	3			
SO 320 Drugs and Society	3			
General Education Science (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3			
Fall Semester Total Cr.:		16	Spring Semester Total Cr.:	
TOTAL CREDITS FOR THIS MAJOR: 122-124				

^c Grade of C or higher required.

¹ To be eligible for ED 425, students must have a 3.0 cumulative GPA and have passed the Praxis II. Certification in First Aid and CPR is required for graduation.

Physical Education Major Recreation Management Conc.

Physical Education-Recreation Management Concentration (B.S.) – Curriculum Map 2021-2022 Catalog

Course	Cr. Comp.	Course	Cr. Comp.
FRESHMAN			
Fall		Spring	
BI 101 Principles of Biology I (General Education Lab Science)	4	EN 111 Writing and Inquiry in Academic Contexts	3
ED 104 Foundations of Education	3	HHPR 265 Lifelong Motor Development ^c	3
EN 110 Writing and Inquiry in Public Contexts	3	MA 232 Elementary Statistics (General Education Math)	3
HHPR 101 Scientific Foundations of Health and Wellness ^c	3	PY 211 Introduction to Psychology (General Education Social Science)	3
General Education Mathematics (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3	General Education History (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3
Fall Semester Total Cr.:		Spring Semester Total Cr.:	
SOPHOMORE			
Fall		Spring	
BI 215 Human Anatomy & Physiology I	4	BI 216 Human Anatomy & Physiology II	4
HHPR 223 Motor Skills Development ^c	3	HHPR 200 Foods and Nutrition	4
HHPR 261 Foundations in Health Education ^c	4	HHPR 224 Motor Skills Development II ^c	3
HHPR 271 Outdoor Physical Education I	3	HHPR 245 Assessment in PE and Sports ^c	3
General Education Literature (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3	HHPR 272 Outdoor Physical Education II ^c	3
Fall Semester Total Cr.:		Spring Semester Total Cr.:	
JUNIOR			
Fall		Spring	
AC 201 Introduction to Accounting and Financial World	3	MG 101 Introduction to Business	3

HHPR 341 Instructional Strategies for Physical Education in Elementary School ^c	4		HHPR 342 Instructional Strategies for Physical Education in Middle-Secondary School ^c	4	
HHPR 355 Coaching Leadership in Sports ^c	3		HHPR 375 Adapted Physical Activity ^c	3	
General Education Arts and Humanities (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3		HHPR 432 Organization and Administration in Physical Education ^c	3	
General Education Leadership (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	1-3		General Education Science (http://catalog.norwich.edu/residentialprograms/catalog/generaleducationgoals/)	3	
Fall Semester Total Cr.:	14-16		Spring Semester Total Cr.:	16	
SENIOR					
Fall			Spring		
MG 309 Management of Organizations	3		HHPR 426 Internship (or Free Electives)	12	
MG 341 Business Law I (General Education Ethics)	3				
HHPR 333 Management Sports Facilities ^c	3				
HHPR 406 Readings in Physical Education ^c	3				
SO 214 Racial and Cultural Minorities	3				
Fall Semester Total Cr.:	15		Spring Semester Total Cr.:	12	
TOTAL CREDITS FOR THIS MAJOR: 122-124					

- ^c Grade of C or higher required.
Certification in First Aid & CPR is required for graduation.